**Developmental Milestones**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PID:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Age:** \_\_\_\_\_\_\_\_\_\_\_\_\_  **M / F**

**GROSS MOTOR SKILLS FINE MOTOR SKILLS**

* At birth Primitive grasp reflex present
* 4 mths Holds & shakes a rattle placed in hand
* 5 mths Grasps objects independently
* 6 mths Moves an object from 1 hand to other
* 6 mths Self-feeding, can hold & eat a cookie
* 6 mths Checks objects by placing them in

Mouth

* 12 mths Picks up object w/ thumb & index

Finger

* 15 mths Turns 2-3 pages of a book at a time
* 18 mths Turns pages of a book 1 at a time
* 24 mths Builds a tower containing at least 5

blocks

* 4 years Builds a tower containing at least 10

blocks

* 4 wks Able to hold head up from the table momentarily
* 3 mths Head and shoulder can be supported by forearms
* 4 mths Infant can be pulled up into sit position by the

hands

* 6 mths Sits unsupported in the upright position
* 6 mths Head and shoulders can be supported by the

arms

* 6 mths Rolls from a face down to a face up position
* 9 mths Crawls
* 9 mths Stands holding onto furniture
* 11 mths Walks with someone holding onto one hand
* 12 mths Walks unassisted
* 2 years Runs
* 2 years Negotiates stairs placing 2 feet on each step
* 3 years Climbs stairs using one foot on each step

**COMMUNICATION SKILLS**

* 4 years Walks downstairs with one foot on each step
* 7 wks Makes cooing sounds
* 3 mths Laughs
* 5 mths Uses one syllable words, i.e. “da”
* 8 mths Uses 2 syllable words, i.e. “dada”
* 12 mths Uses 2 – 3 word vocabulary
* 24 mths Uses 2 – 3 word phrases
* 4 years Hops on one foot

**SOCIAL SKILLS**

* 2 mths Smiles
* 3 mths Reaches for familiar objects
* 4 mths Plays with hands

**ADAPTIVE SKILLS**

* 6 mths Plays with feet
* 10 mths Feeds from a cup unassisted
* 12 mths Holds own bottle
* 30 mths Feeds self with utensils
* 30 mths Able to identify and match some colors
* 36 mths Copies a circle
* 42 mths Copies a cross
* 9 mths Clearly shows joy and pleasure
* 12 mths Feeds self with fingers
* 15 mths Plays peek-a-boo
* 18 mths Understands yes and no

**PARENT SIGNATURE:**